

Cypress Court

January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					A/R: ACTIVITY ROOM A/S: ART STUDIO B: BISTRO C: CHAPEL C/R: CARD ROOM C/Y: COURTYARD D/R: DINING ROOM F/R: FAMILY ROOM G/R: GAME ROOM L/R: LIVING ROOM	1 10:30 Wheel of Fortune - A/R 1:00 Current Events with Bruce Plummer cancelled due to holiday 2:00 Happy Hour - B 6:30 Left, Center, Right - L/R 7:00 Evening Cinema - "Top Gun" Ch 1960
2 10:00 Sunday Service - A/R 12:00 Catholic Communion - C 1:00 31 Card Game - L/R 2:30 Sunday Social - B 3:30 Piano with Weston - L/R 6:30 Gospel Sing Along - C 7:00 Evening Cinema - "The Fountain" Ch 1960	3 8:00 -2:30pm Doctor Transportation 9:00 - 12:00 Resident Testing - B 10:30 Chair Exercise - Ch1960 10:30 Coffee Chat - L/R 1:00 Bingo - A/R 1:00 Bridge - C/R 2:30 Corn Hole - C/Y	4 7:30 Ladies' Breakfast - A/R 9:00 - 2:30pm Shopping Transport 10:00 Balloon Racketball - A/R 10:30 Chair Exercise - Ch 1960 11:00 Stand Strong - A/R Hallway 1:00 Group Exercise - A/R 1:00 Men's Poker - G/R 1:00 Mexican Train Game- C/R 2:00 Virtual Bowling - F/R	5 8:00 -2:30pm Doctor Transportation 9:00 River Rummy - L/R 10:30 Chair Exercise - Ch 1960 10:30 Group Power Band Exercise - A/R 1:00 Bingo - A/R 1:00 Bridge - C/R 1:00 Pinochle - G/R 2:30 Beverly's Mending - A/R 6:30 Men's Social - B	6 8:00 -2:30pm Doctor Transportation 10:00 Simply Oil Painting - A/S 10:30 Chair Exercise - Ch 1960 10:30 Group Exercise - A/R 11:00 Stand Strong - A/R Hallway 1:00 Chair Yoga w/ Talia - A/R 1:00 Ladies' Poker - G/R 1:00 Simply Oil Painting - A/S 2:00 Thursday Theater - C 6:00 Poker - G/R	7 9:00 & 10:30am Vons/CVS 10:00 Balloon Racketball - A/R 10:30 Chair Exercise - Ch 1960 1:00 Bingo - A/R 1:00 Scenic Drive 2:30 Social Game Hour - L/R 7:00 Friday Night Flick- "Bull Durham"	8 10:30 Help Your Neighbor - A/R 1:00 Group Power Band Exercise - A/R 2:00 Happy Hour - B 6:30 Left, Center, Right - L/R 7:00 Evening Cinema - "Von Ryan's Express" Ch 1960
9 10:00 Sunday Service - A/R 12:00 Catholic Communion - C 1:00 31 Card Game - L/R 2:30 Sunday Social - B 3:30 Piano with Weston - L/R 6:30 Gospel Sing Along - C 7:00 Evening Cinema - "Crimson Tide" Ch 1960	10 8:00 -2:30pm Doctor Transportation 10:30 Chair Exercise - Ch1960 10:30 Coffee Chat - L/R 1:00 Bingo - A/R 1:00 Bridge - C/R 2:30 Corn Hole - C/Y	11 9:00 - 2:30pm Shopping Transport 10:00 Balloon Racketball - A/R 10:30 Chair Exercise - Ch 1960 11:00 Stand Strong - A/R Hallway 1:00 Group Exercise - A/R 1:00 Men's Poker - G/R 1:00 Mexican Train Game- C/R 2:00 Virtual Bowling - F/R 6:30 Armchair Astronomy - F/R	12 8:00 -2:30pm Doctor Transportation 9:00 River Rummy - L/R 10:30 Chair Dancing - A/R 10:30 Chair Exercise - Ch 1960 1:00 Bingo - A/R 1:00 Bridge - C/R 1:00 Pinochle - G/R 3:00 Tasty Table -A/R	13 8:00 -2:30pm Doctor Transportation 10:00 Simply Oil Painting - A/S 10:30 Chair Exercise - Ch 1960 10:30 Group Exercise - A/R 11:00 Stand Strong - A/R Hallway 1:00 Chair Yoga w/ Talia - A/R 1:00 Ladies' Poker - G/R 1:00 Simply Oil Painting - A/S 2:00 Thursday Theater - C 6:00 Poker - G/R	14 9:00 & 10:30am Vons/CVS 10:00 Balloon Racketball - A/R 10:30 Chair Exercise - Ch 1960 11:30 Lunch out to DiCicco's 1:00 Bingo - A/R 2:30 Social Game Hour - L/R 7:00 Friday Night Flick- "The Insider"	15 10:30 Wheel of Fortune - A/R 1:00 Current Events with Bruce Plummer - A/R 2:00 Happy Hour - B 6:30 Left, Center, Right - L/R 7:00 Evening Cinema - "Backdraft" Ch 1960
16 10:00 Sunday Service - A/R 12:00 Catholic Communion - C 1:00 31 Card Game - L/R 2:30 Sunday Social - B 3:30 Piano with Weston - L/R 6:30 Gospel Sing Along - C 7:00 Evening Cinema - "The Birdcage" Ch 1960	17 8:00 -2:30pm Doctor Transportation 9:00 - 12:00 Resident Testing - B 10:30 Chair Exercise - Ch1960 10:30 Coffee Chat - L/R 1:00 Bingo - A/R 1:00 Bridge - C/R 2:30 Corn Hole - C/Y 3:00 Ambassador Meeting - A/R 3:00 Catholic Rosary Service -C	18 9:00 - 2:30pm Shopping Transport 10:00 Balloon Racketball - A/R 10:30 Chair Exercise - Ch 1960 11:00 Stand Strong - A/R Hallway 1:00 Group Exercise - A/R 1:00 Men's Poker - G/R 1:00 Mexican Train Game- C/R 2:00 Virtual Bowling - F/R	19 8:00 -2:30pm Doctor Transportation 9:00 River Rummy - L/R 10:30 Chair Dancing - A/R 10:30 Chair Exercise - Ch 1960 1:00 Bingo - A/R 1:00 Bridge - C/R 1:00 Pinochle - G/R 6:30 Men's Social - B	20 8:00 -2:30pm Doctor Transportation 10:00 Simply Oil Painting - A/S 10:30 Chair Exercise - Ch 1960 10:30 Group Exercise - A/R 11:00 Stand Strong - A/R Hallway 11:30 Ambassador Lunch - F/R (Invitation only) 1:00 Chair Yoga w/ Talia - A/R 1:00 Ladies' Poker - G/R 1:00 Simply Oil Painting - A/S 2:00 Thursday Theater - C 6:00 Poker - G/R	21 9:00 & 10:30am Vons/CVS 10:00 Balloon Racketball - A/R 10:30 Chair Exercise - Ch 1960 1:00 Bingo - A/R 1:00 Scenic Drive 2:30 Social Game Hour - L/R 7:00 Friday Night Flick- "The Last of the Mohicans"	22 10:30 Help Your Neighbor - A/R 1:00 Current Events with Bruce Plummer - A/R 2:00 Happy Hour - B 6:30 Left, Center, Right - L/R 7:00 Evening Cinema - "Indiana Jones and the Temple of Doom" Ch 1960
23 Regularly Scheduled Sunday Activities 7:00 Evening Cinema - "Emperor" Ch 1960	24 10:30 Chair Exercise - Ch1960 10:30 Coffee Chat - L/R 1:00 Bingo - A/R 1:00 Bridge - C/R 2:30 Corn Hole - C/Y	25 9:00 - 2:30pm Shopping Transport 10:00 Balloon Racketball - A/R 10:30 Chair Exercise - Ch 1960 11:00 Stand Strong - A/R Hallway 11:30 Trip to Harrah's Casino 1:00 Group Exercise - A/R 1:00 Mexican Train Game- C/R 2:00 Virtual Bowling - F/R	26 8:00 -2:30pm Doctor Transportation 9:00 River Rummy - L/R 10:30 Chair Dancing - A/R 10:30 Chair Exercise - Ch 1960 1:00 Bingo - A/R 1:00 Bridge - C/R 1:00 Pinochle - G/R 3:00 Paint & Sip - A/R	27 8:00 -2:30pm Doctor Transportation 10:00 Simply Oil Painting - A/S 10:30 Chair Exercise - Ch 1960 10:30 Group Exercise - A/R 11:00 Stand Strong - A/R Hallway 1:00 Chair Yoga w/ Talia - A/R 1:00 Ladies' Poker - G/R 1:00 Simply Oil Painting - A/S 2:00 General Resident Meeting - L/R 3:00 Winter Wonderland - D/R 6:00 Poker - G/R	28 9:00 & 10:30am Vons/CVS 10:00 Balloon Racketball - A/R 10:30 Chair Exercise - Ch 1960 1:00 Bingo - A/R 1:00 Trip to Beyond Van Gogh Del Mar 2:30 Social Game Hour - L/R 6:30 Bingo Bonanza - A/R 7:00 Friday Night Flick- "The Sentinel"	29 10:30 Wheel of Fortune - A/R 1:00 Current Events with Bruce Plummer - A/R 2:00 Happy Hour - B 6:30 Left, Center, Right - L/R 7:00 Evening Cinema - "My Big Fat Greek Wedding" Ch 1960
30 Regularly Scheduled Sunday Activities 7:00 Evening Cinema - "Hachi" Ch 1960	31 9:00 - 12:00 Resident Testing - B 10:30 Chair Exercise - Ch1960 10:30 Coffee Chat - L/R 1:00 Bingo - A/R 2:30 Corn Hole - C/Y					