

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|---|--|
|  | 1 8:00 -2:30pm Doctor Transportation 10:00 Extended Stand Strong - A/R 10:30 Chair Exercise - Ch 1960 10:30 Coffee Chat - L/R 1:00 Bingo - A/R 1:00 Bridge - G/R 2:30 Kitchen Tours - D/R 3:00 Transcendental Meditation -C | 2 7:30 Ladies' Breakfast - A/R 9:00 - 2:30pm Shopping Transport 10:00 Balloon Racquetball - A/R 10:30 Chair Exercise - Ch 1960 11:00 Stand Strong - A/R Hallway 1:00 Group Exercise - A/R 1:00 Mexican Train Game- L/R 1:00 Poker - G/R 2:00 Virtual Bowling - A/R 3:00 Crochet Club - A/R | 3 8:00 -2:30pm Doctor Transportation 10:00 Gym Time w/ Tianna - GYM 10:30 Chair Dancing - A/R 10:30 Chair Exercise - Ch 1960 1:00 Bingo - A/R 1:00 Bridge - G/R 1:00 Pinochle - G/R 3:00 Paint & Sip: Flower Lei - A/R 6:30 Men's Social - B | 4 8:00 -2:30pm Doctor Transportation 10:00 Simply Oil Painting - A/S 10:00 Bible Study - C 10:30 Chair Exercise - Ch 1960 10:30 Travel Log w/ Hernan- A/R 11:00 Stand Strong - A/R Hallway 1:00 Chair Yoga w/ Talia - A/R 1:00 Ladies' Poker - G/R 1:00 Simply Oil Painting - A/S 2:00 Thursday Theater - C 2:15 Help Your Neighbor - A/R 3:00 Scrabble Hour - L/R | 5 9:00 & 10:30am Vons/CVS 9:00 Walking Club - L 10:00 Balloon Racquetball - A/R 10:30 Chair Exercise - Ch 1960 1:00 Bingo - A/R 2:30 Social Hour - L/R 3:00 Bob Presents Origins - A/R 3:00 Group Games - L/R 7:00 Friday Night Flick- "The King's Speech" | 6 9:00 Walking Club - L 10:00 Transcendental Meditation - C 10:30 Chair Exercise - Ch 1960 10:30 Wheel of Fortune - A/R 1:00 Current Events with Bruce Plummer - A/R 1:00 Ladies' Poker - G/R 1:15 Corn Hole - C/Y 2:00 Happy Hour - B 6:30 Left, Center, Right - L/R 7:00 Evening Cinema - "Master and Commander" Ch 1960 |
| 7 10:00 Sunday Service - A/R 10:30 Chair Exercise - Ch 1960 10:30 Zumba - GYM 12:00 Catholic Communion - C 1:00 31 Card Game - G/R 2:30 Sunday Social - B 3:00 Piano with Weston - L/R 7:00 Evening Cinema - "Mary Poppins" Ch 1960 | 8 8:00 -2:30pm Doctor Transportation 9:00 Walking Club - L 9:30 Food for Thought - PDR 10:00 Extended Stand Strong - A/R 10:30 Chair Exercise - Ch 1960 10:30 Coffee Chat - L/R 1:00 Bingo - A/R 1:00 Bridge - G/R 2:30 Corn Hole - L/R 3:00 Transcendental Meditation -C | 9 9:00 - 2:30pm Shopping Transport 10:00 Balloon Racquetball - A/R 10:30 Chair Exercise - Ch 1960 11:00 Stand Strong - A/R Hallway 1:00 Beer Bus to Wild Barrel 1:00 Group Exercise - A/R 1:00 Mexican Train Game- L/R 1:00 Poker - G/R 2:00 Virtual Bowling - A/R 3:00 Crochet Club - A/R | 10 8:00 -2:30pm Doctor Transportation 10:30 Chair Dancing - A/R 10:30 Chair Exercise - Ch 1960 1:00 Bingo - A/R 1:00 Bridge - G/R 1:00 Pinochle - G/R 2:30 Beverly's Mending - A/R 3:00 Glen Piano Man - L/R | 11 8:00 -2:30pm Doctor Transportation 10:00 Simply Oil Painting - A/S 10:00 Bible Study - C 10:30 Chair Exercise - Ch 1960 10:30 Group Exercise - A/R 11:00 Stand Strong - A/R Hallway 1:00 Chair Yoga w/ Talia - A/R 1:00 Ladies' Poker - G/R 1:00 Simply Oil Painting - A/S 2:00 Thursday Theater - C 2:15 Help Your Neighbor - A/R 3:00 Scrabble Hour - L/R | 12 9:00 & 10:30am Vons/CVS 9:00 Walking Club - L 10:00 Balloon Racquetball - A/R 10:30 Chair Exercise - Ch 1960 1:00 Bingo - A/R 2:30 Hawaiian Social Game Hour- L/R 3:00 Bob Presents Origins - A/R 3:00 Group Games - L/R 7:00 Friday Night Flick- "Greyhound" | 13 9:00 Walking Club - L 10:00 Transcendental Meditation - C 10:30 Chair Exercise - Ch 1960 10:30 Wheel of Fortune - A/R 1:00 Current Events with Bruce Plummer - A/R 1:00 Ladies' Poker - G/R 1:15 Corn Hole - C/Y 2:00 Happy Hour - B 6:30 Left, Center, Right - L/R 7:00 Evening Cinema - "Chicago" Ch 1960 |
| 14 10:00 Sunday Service - A/R 10:30 Chair Exercise - Ch 1960 12:00 Catholic Communion - C 1:00 31 Card Game - G/R 2:30 Sunday Social - B 3:00 Piano with Weston - L/R 7:00 Evening Cinema - "Mamma Mia!" Ch 1960 | 15 8:00 -2:30pm Doctor Transportation 9:00 Walking Club - L 10:00 Extended Stand Strong - A/R 10:30 Chair Exercise - Ch 1960 10:30 Coffee Chat - L/R 1:00 Bingo - A/R 1:00 Bridge - G/R 2:30 Corn Hole - L/R 3:00 Transcendental Meditation -C 3:30 Ambassador Meeting - A/R | 16 9:00 - 2:30pm Shopping Transport 10:00 Balloon Racquetball - A/R 10:30 Chair Exercise - Ch 1960 11:00 Stand Strong - A/R Hallway 1:00 Group Exercise - A/R 1:00 Mexican Train Game- L/R 1:00 Poker - G/R 1:30 Trip to the Mall 2:00 Virtual Bowling - A/R 3:00 Crochet Club - A/R | 17 8:00 -2:30pm Doctor Transportation 10:30 Chair Exercise - Ch 1960 10:30 Hawaiian Chair Dancing - A/R 1:00 Bingo - A/R 1:00 Bridge - G/R 1:00 Pinochle - G/R 3:00 Before Dinner Music: Punch & Judy 6:30 Men's Social - B | 18 8:00 -2:30pm Doctor Transportation 10:00 Simply Oil Painting - A/S 10:00 Bible Study - C 10:30 Chair Exercise - Ch 1960 10:30 Group Exercise - A/R 11:00 Stand Strong - A/R Hallway 11:30 New Resident Luncheon - F/R 1:00 Chair Yoga w/ Talia - A/R 1:00 Ladies' Poker - G/R 1:00 Simply Oil Painting - A/S 2:00 Thursday Theater - C 2:15 Help Your Neighbor - A/R 3:00 Scrabble Hour - L/R | 19 9:00 & 10:30am Vons/CVS 9:00 Walking Club - L 10:00 Balloon Racquetball - A/R 10:30 Chair Exercise - Ch 1960 11:30 Harbor Picnic/Fishing Trip 1:00 Bingo - A/R 2:30 Social Game Hour- L/R 3:00 Bob Presents Origins - A/R 3:00 Group Games: Luau Trivia - L/R 7:00 Friday Night Flick- "Open Range" | 20 9:00 Walking Club - L 10:00 Transcendental Meditation - C 10:30 Chair Exercise - Ch 1960 10:30 Wheel of Fortune - A/R 1:00 Current Events with Bruce Plummer - A/R 1:00 Ladies' Poker - G/R 1:15 Corn Hole - C/Y 2:00 Happy Hour - B 6:30 Left, Center, Right - L/R 7:00 Evening Cinema - "Under The Tuscan Sun" Ch 1960 |
| 21 9:00 - 12:00 Church Transportation 10:00 Sunday Service - A/R 10:30 Chair Exercise - Ch 1960 12:00 Catholic Communion - C 1:00 31 Card Game - G/R 1:30 Chair Yoga - A/R 2:30 Sunday Social - B 3:00 Piano with Weston - L/R 7:00 Evening Cinema - "HUGO" Ch 1960 | 22 8:00 -2:30pm Doctor Transportation 9:00 Walking Club - L 9:30 Food for Thought - PDR 10:00 Extended Stand Strong - A/R 10:30 Chair Exercise - Ch 1960 10:30 Coffee Chat - L/R 1:00 Bingo - A/R 1:00 Bridge - G/R 2:30 Corn Hole - L/R 3:00 Transcendental Meditation -C | 23 9:00 - 2:30pm Shopping Transport 9:00 Walking Club - L 9:30 Wordle - C 10:00 Balloon Racquetball - A/R 10:30 Chair Exercise - Ch 1960 10:30 Country Store - B 11:00 Stand Strong - A/R Hallway 1:00 Group Exercise - A/R 1:00 Poker - G/R 1:30 Costco/Walmart/Kohl's 1:30 Mexican Train w Tianna - L/R 2:00 Virtual Bowling - A/R 3:00 Crochet Club - A/R | 24 8:00 -2:30pm Doctor Transportation 9:00 Walking Club - L 9:30 Noggin Joggin - A/R 10:00 Gym Time w/ Tianna - GYM 10:30 Chair Dancing - A/R 10:30 Chair Exercise - Ch 1960 11:00 Stand Strong - A/R Hallway 1:00 Bingo - A/R 1:00 Bridge - G/R 1:30 Group Crossword - L/R 2:00 Team Connect 4- L/R 3:00 Aloha Tasty Table -A/R 6:30 Monthly Musical: The Greatest Showman - C | 25 8:00 -2:30pm Doctor Transportation 9:00 Walking Club - L 10:00 Simply Oil Painting - A/S 10:00 Bible Study - C 10:30 Chair Exercise - Ch 1960 10:30 Country Store - B 10:30 Group Exercise - A/R 11:00 Stand Strong - A/R Hallway 1:00 Chair Yoga w/ Talia - A/R 1:00 Ladies' Poker - G/R 1:00 Simply Oil Painting - A/S 2:00 General Resident Meeting - L/R 3:00 LUAU - C/Y | 26 9:00 & 10:30am Vons/CVS 9:00 Walking Club - L 9:30 Noggin Joggin - A/R 10:00 Balloon Racquetball - A/R 10:30 Chair Exercise - Ch 1960 11:00 Stand Strong - A/R Hallway 11:30 Lunch out to Huckleberry's 1:00 Help Your Neighbor - A/R 2:30 Social Hour - L/R 3:00 Bob Presents Origins - A/R 3:00 Group Games: Family Feud - L/R 6:30 Bingo Bonanza - A/R 7:00 Friday Night Flick- "Lonesome Dove" | 27 9:00 Walking Club - L 10:00 Transcendental Meditation - C 10:30 Chair Exercise - Ch 1960 10:30 Wheel of Fortune - A/R 1:00 Current Events with Bruce Plummer - A/R 1:00 Ladies' Poker - G/R 1:15 Corn Hole - C/Y 2:00 Happy Hour - B 6:30 Left, Center, Right - L/R 7:00 Evening Cinema - "Homeland" Ch 1960 |
| 28 9:00 - 12:00 Church Transportation 10:00 Sunday Service - A/R 10:30 Chair Exercise - Ch 1960 12:00 Catholic Communion - C 1:00 31 Card Game - G/R 1:30 Chair Yoga - A/R 2:30 Sunday Social - B 3:00 Piano with Weston - L/R 7:00 Evening Cinema - "Sleepless In Seattle" Ch 1960 | 29 8:00 -2:30pm Doctor Transportation 9:00 Walking Club - L 10:00 Extended Stand Strong - A/R 10:30 Chair Exercise - Ch 1960 10:30 Coffee Chat - L/R 1:00 Bingo - A/R 1:00 Bridge - G/R 2:30 Corn Hole - L/R 3:00 Transcendental Meditation -C 3:30 Activity Forum - A/R | 30 9:00 - 2:30pm Shopping Transport 9:00 Walking Club - L 9:30 Wordle - C 10:00 Balloon Racquetball - A/R 10:30 Chair Exercise - Ch 1960 10:30 Country Store - B 11:00 Stand Strong - A/R Hallway 11:30 Trip to Harrah's Casino 1:00 Group Exercise - A/R 1:00 Poker - G/R 1:30 Mexican Train with Tianna - L/R 2:00 Virtual Bowling - A/R 3:00 Crochet Club - A/R | 31 8:00 -2:30pm Doctor Transportation 9:00 Walking Club - L 9:30 Noggin Joggin - A/R 10:00 Gym Time w/ Tianna - GYM 10:30 Chair Dancing - A/R 10:30 Chair Exercise - Ch 1960 11:00 Stand Strong - A/R Hallway 1:00 Bingo - A/R 1:00 Bridge - G/R 1:30 Group Crossword - L/R 2:00 Way 2 Go Wednesday - C/Y 2:30 Staff & Resident Get Out & Play - C/Y 6:30 Men's Social - B | A/S: ART STUDIO A/R: ACTIVITY ROOM B: BISTRO C: CHAPEL C/Y: COURTYARD D/R: DINING ROOM F/R: FAMILY ROOM G/R: GAME ROOM GYM: 2ND FLOOR GYM L: LOBBY PDR: PRIVATE DINING ROOM L/R: LIVING ROOM |  |  |